



The International Foundation for Action Learning Workshop

Friday 26th February 2010

Directory of Social Change, 24 Stephenson's Way
London NW1 2DP

"Using NLP in Action Learning"

10.30 am – 4.30 pm (coffee from 10.00 am)

led by Ray Charlton

NLP (Neuro Linguistic Programming) was created in the 1970s by Richard Bandler ("an attitude of curiosity, utilizing the methodology of modeling, which leaves behind a trail of techniques") and John Grinder ("an epistemology, which is the study of how we create reality for ourselves, or how it is that we know things"). NLP derives from their studies of **how excellence is achieved**, for example by therapists Milton Ericson, Fritz Perls and Virginia Satir. The field was influenced by the work of anthropologist Gregory Bateson, has since been enriched by many other contributors, for example Robert Dilts, and continues to grow.

NLP encompasses values, beliefs, behaviours, personal resourcefulness and rapport. As with the adoption of Transactional Analysis by business and public sector trainers in the 1970s and '80s, so too with NLP, which from the 1990s has been taken up more and more widely as a means to enable learning and change. NLP is now often found in use for personal development and one to one coaching.

This workshop will introduce some of the presuppositions and tools of NLP and explore their application to Action Learning set facilitation. Inputs, exercises and discussion will provide the basis for practice in applying NLP to the Action Learning process, with time for review of results and identifying opportunities for use. The workshop will be lively and participative and is designed for those who are familiar with Action Learning, whether you are new to NLP, are aware of it, or are experienced practitioners or trainers of NLP.

Ray Charlton is a leadership and organisation development tutor and consultant, executive coach and action learning facilitator with more than 30 years' experience in management development in private, public and voluntary sectors in the UK and in recent years with international clients. He is a visiting contributor to Cranfield, Henley, Oxford Said and Warwick executive education programmes, proprietor of Creativity and Commitment at Work, a founder member of Transition Partnerships, and a member of IFAL. He is a Certified NLP Coach and Trainer of NLP who has delivered an NLP Practitioner Certification Programme for coaches. Find out more at www.transitionpartnerships.com

Fee: £70 (£50 for IFAL members) includes refreshments and a buffet lunch. To book your place on the workshop, please contact Jan Hall at admin@ifal.org.uk

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For details of how to join, please contact the Administration Office at admin@ifal.org.uk
www.ifal.org.uk

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